



HOSPITALITY INDUSTRY PROFESSIONALS FOR KIDS



Jicama Summer Salad

- 1/2 ea. Jicama (peeled and cut into cubes)
- 1 ea. Carrots (peeled and shaved to ribbons with a peeler)
- 1 ea. Red Onion (small diced)
- 1 ea. Red Pepper (peeled, seeded and sliced)
- 1 ea. Yellow Pepper (peeled, seeded, & Sliced)
- 3 T Cilantro Leaves (hand-picked; no stems)
- 2 ea. Limes (juice)
- 1/4 C Seasoned White Vinegar (Asian Style)
- TT Honey
- TT Sea Salt
- TT Black Pepper
- TT Black Sesame Seeds

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TT = To Taste

Ea = each

Creating A World Of Education

DIRECTIONS

1. Assemble all of the cleaned and prepared vegetables, mix in a bowl
2. Season all the vegetables with the lime juice, vinegar, salt, and pepper
3. Divide into small bowls to serve and sprinkle the top of the salad with the cilantro leaves & Black Sesame Seeds